

***Resource Guide***  
***for***  
***Parish Communities Walking with***  
***God's Children on the***  
***Journey of Recovery***

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***Diocese of Trenton***

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*~A Resource Guild to Assist in Your  
Pastoral Response to  
Addiction as a Spiritual Disease~*

Presented in Part by the  
New Jersey Catholic Committee  
on Addiction and Recovery Ministries  
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# Introduction

When it comes to options for treatment and recovery services, there is a lot available for consideration. Indeed, perhaps enough to fill a volume the size of War and Peace, which was 1,225 pages long. Listing all those service organizations would not make for a manageable resource guide. Fortunately, there are ways to find resources without printing out hundreds of pages of lists.

In addition to the enormous number of addiction and recovery services out there, we do not want to list them individually in a guide as if we are recommending them. There is no way for us to truly know enough about each and every entity providing addiction treatment and recovery services for us to recommend them. And, for that reason, we must caution you not to actually recommend a particular treatment or service provider. If something should go wrong, we don't want you being blamed for making the "recommendation."

Rather, the purpose of this resource guide is to enable you to give direction and assistance to those you are accompanying on a journey of recovery so he or she can find the help that might meet their needs. It's not about specifically recommending service providers. If, however, you have had personal experience with a particular service provider, you are welcome to *share* your personal experience, but we still caution you on "recommending" a particular entity. Your role is to provide options. The ultimate decision on where to go or how to proceed always remains with the person you are accompanying.

All available Diocesan Editions of the *Resource Guide*, as well as the booklet, *How Parishes can be a Part of Their Communities' Journey of Recovery*, can be found on the New Jersey Catholic Conference (NJCC) website at <https://www.njcatholic.org/substance-abuse>.

## How to use this guide<sup>1</sup>

As we see it, there are two (2) ways to gain knowledge in order to answer a question about a particular topic. The first is by learning all you can about the topic so you will actually know the answer when asked a question. The second is by knowing how to find it.

This guide is set up to help you with the latter form of knowledge – knowing how to find it. In this case, more specifically, knowing how to find addiction treatment and/or recovery services that may be available to assist the person you are accompanying on his or her recovery journey.

So, this guide will start with an example of a site that can help identify the various treatment and recovery services in the nation and state. It is not, however, the only site available, but it is a good example. Then, after this example, we will provide a list of national/federal sites, state sites and Catholic sites with options that can be available anywhere in the country, throughout the entire state, or even as detailed as within a specific city or a defined geographic area.

After looking far and wide, the guide provides local area resources – specifically, those in the Diocese within which you live and serve in this ministry. We will look at diocesan-wide options and multi-county sites as well as county sites – of course, the counties focused on will be the specific counties within the diocese based on the diocesan edition being used. Diocesan parish-based services may also be provided as both service resources as well as examples of ministries to consider developing at your parish.

Information about self-help and peer support group are provided. Suggested reading materials are also presented. Finally, you may want to consider getting additional training and education for which resource opportunities are provided for consideration.

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<sup>1</sup> ***Please take special note:*** This resource guide has information on various Federal, State and County agencies as well as private organizations and/or ministries – both Catholic and non-Catholic. The inclusion of any agency or organization's name **and** information *does not constitute endorsement or recommendation* of the resources or the information, products, or services provided by the resource on the part of the New Jersey Catholic Committee on Addiction and Recovery Ministries (NJ CC~ARM) or the Diocese of Trenton. The NJ CC~ARM and Diocese of Trenton do not have full knowledge of or experience with the services provided by each and every resource listed here. The NJ CC~ARM and Diocese of Trenton also do not exercise any control over the content on any resource websites or services they provide.

# SECTION I

## HOW TO FIND ADDICTION AND RECOVERY RESOURCES

### ~An Example Site Walk Through~

The State of New Jersey Division of Mental Health and Addiction Services (DMHAS) has website that provides a wealth of information. For our purposes, the most important part of the DMHAS website is their [searchable directory](#) to assist in locating programs for alcohol and drug abuse treatment and related services. Here's how to use it - go to\*:

- <https://www.state.nj.us/humanservices/dmhas/home/hotlines>
- Click on "[Are You Looking for Substance Abuse Treatment?](#)"
- Click on the "[searchable directory.](#)"
- You'll see a screen that asks:
  - What type of treatment are you interested in?
    - Medication-Assisted Treatment (MAT)
    - Inpatient Services
    - Outpatient Services
    - Withdrawal Management
  - You can check one or all of the boxes.
- You can then indicate the area to search as:
  - Zip Code/City, State
  - County
  - Provider Name.
- Once you've indicated the treatment and area of interest, hit "Search."
- The search results will appear below the search area. You can even export the search results to a PDF.
- You are also able to reset the search parameters to start over if you need another area of treatment.

AGAIN, the website for DMHAS is a wealth of information. For example, you can see who your [County Drug and Alcohol Director](#) is and how to contact them to inquire about local treatment resources. So, explore it to find more.

- \* Please note the site's appearance may change periodically, but the general search process should be fairly consistent or at least similar.

## SECTION II

### Looking Far and Wide

#### A. NATIONAL/FEDERAL SITES

U.S. Department of Health and Human Services  
Substance Abuse and Mental Health Services Administration (SAMHSA)

Provides information on getting help with options that include:

- ♣ Finding a treatment facility near you
- ♣ National suicide prevention
- ♣ Behavioral health treatment services
- ♣ Treatment referral and information (24/7)
- ♣ Public education messages

#### SAMHSA

National Helpline: 1-800-662-HELP (4357) or  
1-800-487-4889 (TDD, for hearing impaired)  
<https://www.samhsa.gov>

Behavioral Health Treatment Services Locator (search by address, city, or ZIP Code):  
<https://findtreatment.samhsa.gov/>

Buprenorphine Treatment Practitioner Locator (search by address, city, or ZIP Code):  
<https://www.samhsa.gov/medication-assistedtreatment/physician-program-data/treatment-physician-locator>

Single State Agencies for Substance Abuse Services:  
<https://www.samhsa.gov/sites/default/files/ssa-directory.pdf>

State Opioid Treatment Authorities:  
<https://dpt2.samhsa.gov/regulations/smalist.aspx>

SAMHSA Publications Ordering (all SAMHSA Store products are available at no charge):  
<https://store.samhsa.gov>  
1-877- SAMHSA-7 (1-877-726-4727)

SAMHSA's Opioid Prevention Toolkit –  
<https://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit/SMA18-4742>

## National Association of State Alcohol and Drug Abuse Directors (NASADAD)

Provides information on the roles of State Alcohol and Drug Abuse Directors, information by state, treatment and recovery resources, fact sheets and other federal resources.

<https://nasadad.org/federal-resources/>

Opioids Fact Sheet (2/5/16): <http://nasadad.org/2016/02/opioidsfact-sheet-2016/>

## Addiction Guide

Source of information on addiction and the dangers of illicit substances, including, for example:

- ♣ How it effects the body
- ♣ How to identify signs and symptoms
- ♣ Where to seek effective treatment

<https://www.addictionguide.com/resources/>

## My Mental Health Crisis Plan

Resource that allows individuals who have serious mental illness (SMI) to create a plan to guide their treatment during a mental health crisis. The app was developed through SMI Adviser, a project funded by SAMHSA and administered by the American Psychiatric Association.

- ♣ **My Mental Health Crisis Plan** is available in the [Apple App Store](https://apps.apple.com/us/app/my-mental-health-crisis-plan/id1497373282) - <https://apps.apple.com/us/app/my-mental-health-crisis-plan/id1497373282> and [Google Play](https://play.google.com/store/apps/details?id=org.smiadviser.apa&hl=en_US) - [https://play.google.com/store/apps/details?id=org.smiadviser.apa&hl=en\\_US](https://play.google.com/store/apps/details?id=org.smiadviser.apa&hl=en_US)
- ♣ View videos on [What is a PAD?](#) and [How to Use the App](#)

## Centers for Disease Control and Prevention

- ♣ Understanding the Epidemic: <https://www.cdc.gov/drugoverdose/epidemic>
- ♣ Poisoning: <https://www.cdc.gov/homeandrecreationalafety/poisoning>
- ♣ Association of State and Territorial Health Officials
- ♣ Preventing Opioid Misuse in the States and Territories: <http://my.astho.org/opioids/home>

## Prevent & Protect

Tools for conducting overdose prevention and naloxone advocacy, outreach, and communication campaigns:

<http://prevent-protect.org/communityresources-1/>

## National Institute on Drug Abuse (NIDA)

This is the lead federal agency supporting scientific research on drug use and its consequences.

<https://www.drugabuse.gov/>

## National Suicide Prevention

♣ **National Hotline: 1-800-273-8255** - <https://suicidepreventionlifeline.org/>

- The U.S. Congress has approved the adoption of 988, the new three-digit number for the National Suicide Prevention Lifeline to be completed by July 2022. In the meantime, please continue to share 1-800-273-TALK (8255).
- '988' is NOT CURRENTLY ACTIVE nationally.

## National Alliance on Mental Illness (NAMI)

The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness, some of whom have dual diagnosis of mental illness and addictions.

National: <https://www.nami.org>

State: <https://www.nami.org/Find-Your-Local-NAMI/Affiliate?state=NI>

## Addiction Center

Search for Catholic Drug and Alcohol Treatment options at:  
<https://www.addictioncenter.com/treatment/faith-based-drug-and-alcohol-rehab/catholic/>

**Grief Recovery After Substance Passing (GRASP)** [www.grasphelp.org/about-us/](http://www.grasphelp.org/about-us/)

Created to offer understanding, compassion, and support for those who have lost someone they love through addiction and overdose. Nation-wide chapters, including New Jersey – at [www.grasphelp.org/community/meetings/united-states-chapters/new-jersey/](http://www.grasphelp.org/community/meetings/united-states-chapters/new-jersey/)  
Information about starting a chapter is available as well.

## **B. STATE/STATEWIDE SITES**

**Information & Referral (24 hours): 2-1-1** (For any and all service requests)

**The Addictions Hotline of New Jersey 1-800-238-2333**

- Provides trained clinically supervised telephone specialists who are available 24 hours a day, 7 days a week to educate, assist, interview and/or refer individuals and families battling addictions. Calls are free and information shared is confidential.

**Department of Human Services, Division of Mental Health and Addiction Services (DMHAS)**

Human Services, DMHAS – home page

<https://www.state.nj.us/humanservices/dmhas/home/>

NJ State Treatment Directory - <https://njsams.rutgers.edu/TreatmentDirectory/>

NJ State Treatment Hotlines –

<https://www.nj.gov/humanservices/dmhas/home/hotlines/> or

**Governor’s Council on Alcoholism and Drug Abuse (GCADA)** <https://gcada.nj.gov/home/>

**State and County Affiliates of National Alliance on Mental Illness (NAMI)**

Dual diagnoses

<https://www.nami.org/Find-Your-Local-NAMI/Affiliate?state=NJ>

**New Jersey Coalition For Addiction Recovery Support (NJ-CARS)**

[www.nj-cars.org/resources/statewide-resources/](http://www.nj-cars.org/resources/statewide-resources/)

Bringing the Recovery Community Together – Recovery support services are non-clinical, supports often provided by individuals who are in recovery themselves, that assist individuals in initiating and sustaining recovery from a substance use disorder (SUD). NJ-CARS believes it is essential that individuals in, or seeking, recovery have affordable access to local, culturally-informed, community-based services to assist them and their families in the early stages of recovery, regardless of where in the state that person lives. Provides statewide directories for recovery support services and self-help groups.

**Grief and Recovery** [www.pickawareness.com/grief-and-recovery.html](http://www.pickawareness.com/grief-and-recovery.html)

Statewide information on New Jersey Chapters of GRASP (Grief Recovery After a Substance Passing). Addressing the most unimaginable horrifying loss in the world - losing a child or a loved one from the disease of addiction or any other reason for that matter. Check website link for contacts and more information.

## SECTION III

### Looking Closer to Home

#### A. Diocesan-Wide Catholic Services

##### Catholic Charities, Diocese of Trenton (CCDOT)

Burlington, Mercer, Monmouth, Ocean Counties  
383 West State Street, P.O.Box 1423  
Trenton, NJ 08607-1423

Administration: (609) 394-5181

Access, Help and Information: 1-800-360-7711

Web: [www.catholiccharitiestrenton.org](http://www.catholiccharitiestrenton.org)

[www.catholiccharitiestrenton.org/services/mental-health/](http://www.catholiccharitiestrenton.org/services/mental-health/)

Through CCDOT, addiction-recovery treatment is offered as well as a broad range of counseling and recovery services are provided. Short-term, solution-focused outpatient counseling is offered for those experiencing anxiety and depression. More intensive outpatient services are offered for those challenged by chronic and severe mental illness.

CCDOT programs also include education, family support groups, respite care, advocacy, and housing for those with serious mental illness but capable of living independently. Catholic Charities staff collaborate with individuals and families to create a treatment plan and achieve treatment goals.

#### ***In Mercer County:***

Outpatient Services: Provides ongoing follow-up psychiatric care and therapy for adults experiencing a mental illness, including substance abuse issues.

Location: 39 N. Clinton Avenue, Trenton, NJ 08609 – 609-394-9398

Addiction Recovery Outpatient Program - CCDOT provides individual, group, and family counseling for those with alcohol and substance use problems. Services include: Individual and group therapy, medication monitoring and case management.

Location: 39 N. Clinton, Trenton, NJ 08609 – 800-360-7711

For My Baby and Me – CCDOT provides intensive outpatient services for pregnant women who are homeless or at risk of becoming homeless. Services include: Medical care through all stages of pregnancy, birth and postpartum; medication-assisted addiction treatment; peer recovery and relapse prevention counseling and support; housing assistance; transportation; employment services; and childcare for dependents.

Location: 39 N. Clinton, Trenton, NJ 08609 – 609-256-7801

New Choices - Offers an intensive outpatient program and outpatient services geared towards adolescents and young adults (13 to 21 years of age) with substance abuse problems.

Location: 10 Southard Street, Trenton, NJ 08609 – 609-984-9042

**In *Burlington County*:**

Outpatient Services - Provides ongoing follow-up psychiatric care and therapy for adults experiencing a mental illness, including substance abuse issues.

Location: 25 Ikea Drive, Westampton, NJ 08060 – 609-386-7331

**B. COUNTY SERVICES WITHIN DIOCESE**

i. Counties’ Drug Administrators within diocese (as of September 2021). For the most up to date listing, go to:

<https://www.state.nj.us/humanservices/dmhas/home/admin/#3>

BURLINGTON County	MERCER County
<p>Cyndy Pappaterra            Drug &amp; Alcohol Coordinator            Office of Human Services            795 Woodlane Road - PO Box 6000            Westampton, NJ 08060-0600            Phone: (609) 265-5530 / 5536            E-mail:  <a href="mailto:cpappaterra@co.burlington.nj.us">cpappaterra@co.burlington.nj.us</a></p>	<p>Ann Dorocki            Chief, Addiction Services            Dept. of Human Services            640 South Broad St., P.O. Box 8068            Trenton, NJ 08650-0068            Phone: (609) 989-6826            E-mail:  <a href="mailto:adorocki@mercercounty.org">adorocki@mercercounty.org</a></p>

MONMOUTH County	OCEAN County
<p>Desiree Whyte, Director            Alcoholism &amp; Drug Abuse Services            Division of Behavioral Health            3000 Kozloski Road            Freehold, NJ 07728            Phone: (732) 431-6451, ext. 6454            E-mail:  <a href="mailto:desiree.whyte@co.monmouth.nj.us">desiree.whyte@co.monmouth.nj.us</a></p>	<p>Kimberly Reilly, Director            Alcoholism &amp; Drug Abuse Services            Dept. of Health            175 Sunset Avenue            Toms River, NJ 08754-2191            Phone: (732) 341-9700, ext. 7536            E-mail:  <a href="mailto:kreilly@ochd.org">kreilly@ochd.org</a></p>

## ii. MERCER County

Mercer County Connection (County Services) 609-890-9800

Mercer County Department of Human Services Resource line 609-989-6526

Mercer County Office of Addiction Services – Resources and Links

[www.mercercounty.org/departments/human-services/office-on-addiction-services/resources-and-links](http://www.mercercounty.org/departments/human-services/office-on-addiction-services/resources-and-links)

Mercer Council on Alcoholism and Drug Addiction  
Lawrenceville

[www.mercercouncil.org/](http://www.mercercouncil.org/)

Creating pathways to reduce substance related challenges through education, support, advocacy, and partnerships throughout our community. For more information and help contact number, check their website or call the Main Office (609) 396-5874 or For MEAS (609) 396-5877.

## iii. BURLINGTON County

CONTACT of Burlington County (24/7) 856-234-8888

Burlington County Alcohol and Drug Abuse Unit

Westampton

[www.co.burlington.nj.us/419/Alcohol-Drug-Abuse-Unit](http://www.co.burlington.nj.us/419/Alcohol-Drug-Abuse-Unit)

Ph: 609-265-5800

Hours: Monday – Friday 8 a.m. - 5 p.m.

Burlington County Resource Net - Addiction / Substance Abuse service locator

[www.burlingtonresourcenet.org/health-services/behavioral-mental-health/addiction-substance-abuse/](http://www.burlingtonresourcenet.org/health-services/behavioral-mental-health/addiction-substance-abuse/)

## iv. OCEAN County

CONTACT of Ocean/Monmouth Counties (24 Hr.) 732-240-6105

County Connection (Information & Referral)

732-288-7777

Ocean County Health Department

[www.ochd.org/alcohol-and-drug-services/](http://www.ochd.org/alcohol-and-drug-services/)

Toms River

Toll Free - 800-342-9738

Phone - 732-341-9700

[info@ochd.org](mailto:info@ochd.org)

Mon-Fri: 8am -4:30pm

Includes the most up to date 2021 **Alcohol and Drug Abuse Resource Directory** (Ctrl + Click on name to go right to this resource Directory, if viewing in PDF).

HOPE Sheds Light (merged with RAFTS – Recovery Advocates for the Shore)

Toms River

[www.hopeshedslights.org/](http://www.hopeshedslights.org/)

Provides support in standard and multiple pathways to recovery. For more information and to contact them, go to their website.

**v. MONMOUTH County**

Monmouth County Department of Human Services, Division of Mental Health and Addiction Services Office of Addiction Services:

Freehold 732-431-6451

Website: [www.monmouthhumanservices.org](http://www.monmouthhumanservices.org)

Monmouth County Resource Net–Addiction/Substance Abuse/MH service locator:

[www.monmouthresourcenet.org/health-services/behavioral-mental-health/addiction-substance-abuse/](http://www.monmouthresourcenet.org/health-services/behavioral-mental-health/addiction-substance-abuse/)

CONTACT of Ocean/Monmouth Counties (24 Hr.)

732-240-6105

**C. DIOCESAN PARISH BASED SERVICES AND MINISTRIES**

**i. MERCER County**

**a. Awakenings**

[www.churchofsaintann.net/awakenings](http://www.churchofsaintann.net/awakenings)

Church of St. Ann, Lawrenceville

A parish ministry offering spiritual support to those whose lives have been affected by the disease of addiction. For information or if you or someone you know needs assistance, please call 609-882-6491, Ext. 169 and leave a message in the **Awakenings** voice mailbox, 7 days/24 hours daily. A Core Team member will return your call within 24 hours. All calls are confidential.

**b. St. Gregory the Great Recovery Ministry**

**12-Step Spirituality Group**

[www.stgregorythegreatchurch.org/recoveryministry](http://www.stgregorythegreatchurch.org/recoveryministry)

St. Gregory the Great, Hamilton Square

Discovering how Sacred Scripture is related to the 12 steps of Alcoholics Anonymous on Wednesday evenings from 7:30 pm to 8:30 pm. For further details, contact Deacon Bill Wilson at 609-203-6269.

**c. Hope Ministry**

[www.thecatholiccommunityofhopewellvalley.org/hope](http://www.thecatholiccommunityofhopewellvalley.org/hope)

St. James, Pennington

Commissioned to work together to help all whose lives are affected by concerns involving alcohol, drug abuse and other addictions, as well as compulsive behavior disorders. For more information, contact:

Deacon Moore Hank at [wmmhank@hotmail.com](mailto:wmmhank@hotmail.com) or 267-573-4287 or

Theresa Hank at [theresahank@hotmail.com](mailto:theresahank@hotmail.com) or 267-573-4287

- d. **The Light Ministry** [www.stpaulsofprinceton.org/light-ministry](http://www.stpaulsofprinceton.org/light-ministry)  
St. Paul Parish, the Catholic Community of Princeton  
The Light is a ministry established at St. Paul Parish to help anyone whose life, family or friends have been affected by alcoholism, drug abuse and other addictions. For information, call 609-216-7621.

ii. **BURLINGTON County**

- a. **Accompanying One Another (AOA)** [www.stjoans.org/aoa/](http://www.stjoans.org/aoa/)  
St. Joan of Arc, Marlton  
The AOA ministry (“Accompanying One Another” on the Journey through Addiction to Recovery) is committed to working together to help all whose lives are affected by alcohol and drug addiction including those directly affected by addiction and anyone accompanying a loved one on their own journey. Weekly meetings are held Sunday evenings from 7:00pm to 8:15pm. For information, please contact: Can at [aoa@stjoans.org](mailto:aoa@stjoans.org) (856-313-9758) or Elaine at [aoa@stjoans.org](mailto:aoa@stjoans.org) (609-923-6525).

iii. **OCEAN County**

- a. **Family Substance Abuse Ministry** Email: [FSAM@saintmartha.net](mailto:FSAM@saintmartha.net)  
St. Martha, Point Pleasant  
The mission of this ministry is to offer hope, healing, and reconciliation to all members of our parish community who are suffering from the effects of the addictions of their family members and loved ones. Meet every Thursday night at 7pm. For more information, please contact the ministry confidentially via email [FSAM@saintmartha.net](mailto:FSAM@saintmartha.net) or at 732-295-3630 x 45.
- b. **The HOPE & HEALING MINISTRY** [www.stdominicsparish.com/hope-healing-ministry/](http://www.stdominicsparish.com/hope-healing-ministry/)  
Saint Dominic Parish, Brick  
The mission of this ministry is to provide support to individuals and families struggling with the disease of addiction. Sponsored by the Parish Nurse/Health & Wellness Ministry and volunteer members with knowledge and experience in the field. For information call (732) 840-1410.
- c. **Hosting Community Groups** [www.stlukestomsriver.org/community/groups/](http://www.stlukestomsriver.org/community/groups/)  
St. Luke, Toms River  
Hosting regular service meetings of various groups, including Al-Anon, Nar-Anon, Gamblers Anonymous, Alcoholics Anonymous (AA), and Compassionate Friends. Meetings’ time and site listings are provided in the Sunday Bulletin. For more information, contact the Parish Office at (732) 286-2222.

#### iv. MONMOUTH County

##### a. RECOVERY MINISTRY

[www.churchofstdenis.org/index.php/parish-ministries/parish-ministry-listing](http://www.churchofstdenis.org/index.php/parish-ministries/parish-ministry-listing)

St. Denis, Manasquan

Recovery Ministry offers support and guidance for anyone affected by any type of addiction, whether it be substance or behavioral. Confidentiality and anonymity are essential components of this ministry. There is a support system in place at St. Denis to get help, support, love and care. For more information, call 732-223-0287.

##### b. OTHER SOURCES TO EXPLORE:

- i. St. Robert Bellarmine, Freehold  
For information, contact Jennifer Schlameuss, Pastoral Associate, at 732-462-7429 x141 or at [jschlameuss@strobert.cc](mailto:jschlameuss@strobert.cc).
- ii. Church of St. Mark in Sea Girt,  
For information about a Spanish Life Recovery Ministry, Contact Diana Zuna-Nieves at 732-449-6364 ext. 105 or email at [diana@stmarkseagirt.com](mailto:diana@stmarkseagirt.com)

## SECTION IV

### SELF-HELP, PEER SUPPORT, AND CONSUMER SELF-HELP

#### [New Jersey Self-Help Group Clearinghouse](https://www.njgroups.org/)

<https://www.njgroups.org/>

Information to find a support group of all kinds throughout the country and New Jersey. Ability to list/update a group and how to start a group information as well.

#### [Alcoholics Anonymous\(AA\)](http://www.aa.org/)

<http://www.aa.org/>

Web portal to U.S. government information and services on the web.

#### [Al-Anon Family Groups](https://al-anon.org/)

<https://al-anon.org/>

Helps family and friends recover from the effects of someone else's drinking through a 12-step program including regular attendance at group meetings.

#### [Cocaine Anonymous\(CA\)](https://ca.org/)

<https://ca.org/>

Recovery from crystal meth addiction through a 12-step program including regular attendance at group meetings.

#### [Crystal Meth Anonymous](https://crystalmeth.org/)

<https://crystalmeth.org/>

Comprehensive information about disability programs, services, laws and benefits.

#### [Dual Recovery Anonymous](http://draonline.qwknetllc.com/)

<http://draonline.qwknetllc.com/>

Recovery from joint chemical dependence & emotional/psychiatric illness through a 12-step program including regular attendance at group meetings.

#### [Marijuana Anonymous](https://www.marijuana-anonymous.org/)

<https://www.marijuana-anonymous.org/>

Recovery from marijuana addiction through a 12-step program including regular attendance at group meetings.

#### [Narcotics Anonymous\(NA\)](https://www.recovery.org/)

<https://www.recovery.org/>

Recovery from drug addiction through a 12-step program including regular attendance at group meetings.

#### [Nar-Anon](https://www.nar-anon.org/)

<https://www.nar-anon.org/>

Helps family and friends of addicts recover from the effects of living with an addicted relative or friend.

#### [SMART Recovery®](https://www.smartrecovery.org/)

<https://www.smartrecovery.org/>

4-Point Program® helps people recover from all types of addictive behaviors by teaching how to change self-defeating thinking, emotions, & actions.

## SECTION V

### ARTICLES, BOOKS AND MORE\*

#### USCCB:

- *New Slavery New Freedom, A Pastoral Message on Substance Abuse* (1990)\_(PDF) <http://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/upload/New-Slavery-New-Freedom-A-Pastoral-Message-on-Substance-Abuse.pdf>
- Other items: <http://www.usccb.org/news/2018/18-153.cfm>
- *Substance Abuse and Women* <http://www.usccb.org/issues-and-action/marriage-and-family/children/substance-abuse-and-women.cfm>
- *Letter Endorsing Youth Drug and Mental Health Services* <http://www.usccb.org/issues-and-action/human-life-and-dignity/health-care/letter-to-senator-jeffords-from-cardinal-mahoney-endorsing-youth-drug-and-mental-health-services-act.cfm>
- *Create in Me a Clean Heart: A Pastoral Response to Pornography* (PDF) at <http://www.usccb.org/issues-and-action/human-life-and-dignity/pornography/index.cfm>  
(this link includes other writings on this topic as well)
- *Communities of Hope: Parishes and Substance Abuse. A Practical Guide*  
Washington DC: U.S. Catholic Conference, Publication No. 473-2, 1992.

#### OTHER ORGANIZATIONS/GOVERNMENT OFFICES:

- *A Practical toolkit for faith and community leaders in the face of the opioid epidemic* (PDF) <https://www.chhsm.org/wp-content/uploads/2017/10/Hope-Healing-A-practical-toolkit-for-faith-and-community-leaders-in-the-face-of-the-opioid-epidemic.pdf>
- *The Opioid Epidemic Practical Toolkit*  
Download the complete [The Opioid Crisis Practical Toolkit: Helping Faith-based and Community Leaders Bring Hope and Healing](https://www.hhs.gov/sites/default/files/opioid-epidemic-practical-toolkit-35001-dhhs.pdf) - PDF (4th Edition) at <https://www.hhs.gov/sites/default/files/opioid-epidemic-practical-toolkit-35001-dhhs.pdf>.

\*Please note these resources are understood to be available as of the distribution of the CC~ARM booklet in September 2021 and may or may not be available as time goes on.

- *Core Competencies for Clergy and Other Pastoral Ministers in Addressing Alcohol and Drug Dependence and the Impact on Family Members, Substance Abuse and the Family: Defining the Role of the Faith Community* (PDF)  
Download a copy at <https://www.samhsa.gov/sites/default/files/competency.pdf>

## **BOOKS:**

### The Twelve Steps Meet the Gospel: Reflections on Scripture and Stories of Hope for those in Recovery

By Dick Rice and Trish Vanni  
Twenty-Third Publications

<https://www.amazon.com/Twelve-Steps-Meet-Gospel-Reflections/dp/1627852611>

### The Twelve Steps and the Sacraments: A Catholic Journey Through Recovery

By Scott Weeman  
Founder of Catholic in Recovery  
Ave Maria Press

<https://catholicinrecovery.com/>

### The Gift of Recovery: 52 Mindful Ways to Live Joyfully Beyond Addiction

By Rebecca E. Williams and Julie S. Kraft  
New Harbinger Publications

[www.newharbinger.com](http://www.newharbinger.com)

### The Mindfulness Workbook for Addiction: A Guide to Coping with the Grief, Stress and Anger that Trigger Addictive Behaviors

By Rebecca E. Williams and Julie S. Kraft  
New Harbinger Publications

[www.newharbinger.com](http://www.newharbinger.com)

### The Life Recovery Bible

### The Life Recovery Workbook

### The Life Recovery Journal

Tyndale Publishers

<https://www.tyndale.com/p/the-life-recovery-bible-nlt/9781414309613>

### Unchained: Our Family's Addiction Mess is Our Message

By Nancy McCann Vericker and JP Vericker (A true Story of a Mother and Son)  
Clear Faith Publishing

[www.ClearFaithPublishing.com](http://www.ClearFaithPublishing.com)

### Breathing Under Water – Spirituality and the Twelve Steps

By Richard Rohr  
Franciscan Media, Cincinnati, Ohio

[www.FranciscanMedia.org](http://www.FranciscanMedia.org)

## SECTION IV

# TRAINING AND EDUCATIONAL OPPORTUNITIES

### **NATIONAL (EDUCATIONAL) RESOURCES: YOUR FIRST STOP**

National Institute on Drug Abuse (NIDA): <https://www.drugabuse.gov/>

Addiction is a Disease, not a Moral Failing:

<https://www.drugabuse.gov/about-nida/noras-blog/2018/03/what-does-it-mean-when-we-call-addiction-brain-disorder>

Addressing the Stigma of Addiction:

<https://www.drugabuse.gov/about-nida/noras-blog/2020/04/addressing-stigma-surrounds-addiction>

**Must Watch: Nora Volkow talks about addiction on StopTheStigma blog:**

<https://www.stopstigma.org/post/stop-the-stigma-episode-1-dr-nora-volkow>

Stop the Stigma Website:

<https://www.stopstigma.org/>

Words Matter: Don't promote the stigma:

<https://www.drugabuse.gov/drug-topics/addiction-science/words-matter-preferred-language-talking-about-addiction>

NIH (National Institute of Health) links to info on addiction:

<https://search.nih.gov/search?utf8=%E2%9C%93&affiliate=hip&query=addiction&commit=Go>

**Centers for Disease Control and Prevention (CDC):**

- Understanding the Epidemic: <https://www.cdc.gov/drugoverdose/epidemic>
- Poisoning: <https://www.cdc.gov/homeandrecreationalafety/poisoning>

**Prevent & Protect:** Tools for conducting overdose prevention and naloxone advocacy, outreach, and communication campaigns: <https://prevent-protect.org/>

**National Alliance on Mental Illness (NAMI):** The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness, some of whom have dual diagnosis of mental illness and addictions.

National: <https://www.nami.org>

State: <https://www.nami.org/Find-Your-Local-NAMI/Affiliate?state=NI>

**CATHOLIC ORGANIZATIONS (SERVING STATEWIDE AND BEYOND):**

**The iTHIRST Initiative**

146 Danforth Avenue  
Paterson, NJ 07501

973-370-DRUG (3784)  
[www.IThirstInitiative.org](http://www.IThirstInitiative.org)

Keaton Douglas, Executive Director  
[keaton@ithirstinitiative.org](mailto:keaton@ithirstinitiative.org)

Empowering the Church to be a resource  
for those suffering from addictions and  
their families.

Provides:

Spiritual Companionship Training  
Retreat Programs  
Recovery Bible Study  
Spirituality of the Big Book Study  
Recovery Mass and Intercessory  
Prayer Session  
Sober Community Living  
Alumni Ambassadors  
Family and Friends Support Group  
Special Events

ADDITIONALLY, now there is

**iTHIRST Spiritual Companionship Certification Training**

This certificate training is offered under the auspices of Seton Hall University and the Archdiocese of Newark.

This training is provided virtually, so anyone can enroll.

For more information and to register for training go to:

<https://www.shu.edu/academics/ithirst-spiritual-companionship-training.cfm>

[iThirst Spiritual Companionship Training - Seton Hall University](#)

The iTHIRST online training offered by Seton Hall seeks to provide this spiritual remedy to those suffering from addiction through the development and implementation of programs designed to educate and prevent, to provide support to treatment facilities and those incarcerated, and to develop an aftercare community for the afflicted and their families.

[www.shu.edu](http://www.shu.edu)

## **CHRISTIAN ORGANIZATIONS (SERVING STATEWIDE AND BEYOND):**

### **WE Thirst Ministries**

492 Richlandtown Pike  
Post Office Box 564  
Richlandtown, Pennsylvania 18955

610-559-4534

<https://www.wethirstseries.com/>  
[info@wethirstseries.com](mailto:info@wethirstseries.com)

Founder and Facilitator:  
Nina Marie Corona

We Thirst Series: Christian Reflections on Addiction ~ A popular educational and inspirational 5-part course that educates about addiction from a Christian perspective.

With a mission to inspire individuals and communities to renew and share their faith, hope, and love accomplished through educational and inspirational courses, presentations, [writings](#), [retreats](#), [missions](#), and [videos](#) designed to move both hearts and minds and to reawaken the Spirit within.

## **NON-DENOMINATIONAL/NON-GOVERNMENTAL**

### **Center for Addiction and Recovery Training (CART)**

75 Charter Oak Ave.  
Building 1- Suite 305  
Hartford, CT 06106

866-205-9770

<https://addictionrecoverytraining.org/>

Providing a centralized location for those interested in recovery coaching and recovery support services with training resources and performance enhancement supports.

## **OTHER GOVERNMENT RESOURCE**

### **The NJ Self-Help Group Clearinghouse**

<https://www.njgroups.org>

The mission of the Clearinghouse is to help people find and form all types of self-help support groups. A service of the Mental Health Association of New Jersey, funded by the New Jersey Department of Human Services, Division of Mental Health and Addiction Services. Provides:

- A vast library of how-tos on starting and running groups; general and specific types.
- Offer periodic workshops throughout the state on topics of interest to those starting, running and maintaining support groups.
- Free presentations on the availability and benefits of self-help support groups and how they can assist congregants, families and friends.
- Check out their website for lots more.

# CONCLUSION<sup>1</sup>

Whatever your parish develops from the ideas presented in the booklet, *How Parishes can be a Part of Their Communities' Journey of Recovery*, and whatever ways you use this resource guide, we hope you will commit to making them a permanent part of your parish life. May the Holy Spirit be with you in this ministry and inspire you as you accompany our brothers and sisters on their addiction and recovery journeys.

Remember: addressing the scourge of addiction and supporting recovery is *not* a sprint, but a very long marathon.

As a final note, all available Diocesan Editions of the *Resource Guide*, as well as the booklet, *How Parishes can be a Part of Their Communities' Journey of Recovery*, can be found on the Addiction and Substance Abuse page of the New Jersey Catholic Conference (NJCC) website at:

<https://www.njcatholic.org/substance-abuse>.

*GOD BLESS...!*

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<sup>1</sup> ***Please take special note:*** This resource guide has information on various Federal, State and County agencies as well as private organizations and/or ministries – both Catholic and non-Catholic. The inclusion of any agency or organization's name **and** information *does not constitute endorsement or recommendation* of the resources or the information, products, or services provided by the resource on the part of the New Jersey Catholic Committee on Addiction and Recovery Ministries (NJCC~ARM) or the Diocese of Trenton. The NJ CC~ARM and Diocese of Trenton do not have full knowledge of or experience with the services provided by each and every resource listed here. The NJ CC~ARM and Diocese of Trenton also do not exercise any control over the content on any resource websites or services they provide.