

Resource Guide
for
Parish Communities Walking with
God's Children on the
Journey of Recovery

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*Diocese of Paterson*

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~A Resource Guild to Assist in Your
Pastoral Response to
Addiction as a Spiritual Disease~

Presented by the
New Jersey Catholic Committee
on Addiction and Recovery Ministries
September 2021

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Introduction

When it comes to options for treatment and recovery services, there is a lot available for consideration. Indeed, perhaps enough to fill a volume the size of War and Peace, which was 1,225 pages long. Listing all those service organizations would not make for a manageable resource guide. Fortunately, there are ways to find resources without printing out hundreds of pages of lists.

In addition to the enormous number of addiction and recovery services out there, we do not want to list them individually in a guide as if we are recommending them. There is no way for us to truly know enough about each and every entity providing addiction treatment and recovery services for us to recommend them. And, for that reason, we must caution you not to actually recommend a particular treatment or service provider. If something should go wrong, we don't want you being blamed for making the "recommendation."

Rather, the purpose of this resource guide is to enable you to give direction and assistance to those you are accompanying on a journey of recovery so he or she can find the help that might meet their needs. It's not about specifically recommending service providers. If, however, you have had personal experience with a particular service provider, you are welcome to *share* your personal experience, but we still caution you on "recommending" a particular entity. Your role is to provide options. The ultimate decision on where to go or how to proceed always remains with the person you are accompanying.

All available Diocesan Editions of the *Resource Guide*, as well as the booklet, *How Parishes can be a Part of Their Communities' Journey of Recovery*, can be found on the New Jersey Catholic Conference (NJCC) website at <https://www.njcatholic.org/substance-abuse>.

How to use this guide¹

As we see it, there are two (2) ways to gain knowledge in order to answer a question about a particular topic. The first is by learning all you can about the topic so you will actually know the answer when asked a question. The second is by knowing how to find it.

This guide is set up to help you with the latter form of knowledge – knowing how to find it. In this case, more specifically, knowing how to find addiction treatment and/or recovery services that may be available to assist the person you are accompanying on his or her recovery journey.

So, this guide will start with an example of a site that can help identify the various treatment and recovery services in the nation and state. It is not, however, the only site available, but it is a good example. Then, after this example, we will provide a list of national/federal sites, state sites and Catholic sites with options that can be available anywhere in the country, throughout the entire state, or even as detailed as within a specific city or a defined geographic area.

After looking far and wide, the guide provides local area resources – specifically, those in the Diocese within which you live and serve in this ministry. We will look at diocesan-wide options and multi-county sites as well as county sites – of course, the counties focused on will be the specific counties within the diocese based on the diocesan edition being used. Diocesan parish-based services may also be provided as both service resources as well as examples of ministries to consider developing at your parish.

Information about self-help and peer support group are provided. Suggested reading materials are also presented. Finally, you may want to consider getting additional training and education for which resource opportunities are provided for consideration.

¹ ***Please take special note:*** This resource guide has information in various Federal, State and County agencies, as well as links to private organizations and/or ministries – both Catholic and non-Catholic. The inclusion of any agency or organization's name **and** information *does not constitute endorsement or recommendation* of the resources or the information, products, or services provided by the resource on the part of by the New Jersey Catholic Committee on Addiction and Recovery Ministries (NJ CC~ARM) or the Arch/Diocese of Paterson. The NJ CC~ARM and Diocese do not have full knowledge of or experience with the services provided by each and every resource listed here. The NJ CC~ARM and Diocese also do not exercise any control over the content on any resource websites or services they provide.

SECTION I

HOW TO FIND ADDICTION AND RECOVERY RESOURCES

~An Example Site Walk Through~

The State of New Jersey Division of Mental Health and Addiction Services (DMHAS) has website that provides a wealth of information. For our purposes, the most important part of the DMHAS website is their [searchable directory](#) to assist in locating programs for alcohol and drug abuse treatment and related services. Here's how to use it - go to*:

- <https://www.state.nj.us/humanservices/dmhas/home/hotlines>
- Click on "[Are You Looking for Substance Abuse Treatment?](#)"
- Click on the "[searchable directory.](#)"
- You'll see a screen that asks:
 - What type of treatment are you interested in?
 - Medication-Assisted Treatment (MAT)
 - Inpatient Services
 - Outpatient Services
 - Withdrawal Management
 - You can check one or all of the boxes.
- You can then indicate the area to search as:
 - Zip Code/City, State
 - County
 - Provider Name.
- Once you've indicated the treatment and area of interest, hit "Search."
- The search results will appear below the search area. You can even export the search results to a PDF.
- You are also able to reset the search parameters to start over if you need another area of treatment.

AGAIN, the website for DMHAS is a wealth of information. For example, you can see who your [County Drug and Alcohol Director](#) is and how to contact them to inquire about local treatment resources. So, explore it to find more.

- * Please note the site's appearance may change periodically, but the general search process should be fairly consistent or at least similar.

SECTION II

Looking Far and Wide

A. NATIONAL/FEDERAL SITES

U.S. Department of Health and Human Services
Substance Abuse and Mental Health Services Administration (SAMHSA)

Provides information on getting help with options that include:

- ♣ Finding a treatment facility near you
- ♣ National suicide prevention
- ♣ Behavioral health treatment services
- ♣ Treatment referral and information (24/7)
- ♣ Public education messages

SAMHSA

National Helpline: 1-800-662-HELP (4357) or
1-800-487-4889 (TDD, for hearing impaired)
<https://www.samhsa.gov>

Behavioral Health Treatment Services Locator (search by address, city, or ZIP Code):
<https://findtreatment.samhsa.gov/>

Buprenorphine Treatment Practitioner Locator (search by address, city, or ZIP Code):
<https://www.samhsa.gov/medication-assistedtreatment/physician-program-data/treatment-physician-locator>

Single State Agencies for Substance Abuse Services:
<https://www.samhsa.gov/sites/default/files/ssa-directory.pdf>

State Opioid Treatment Authorities:
<https://dpt2.samhsa.gov/regulations/smalist.aspx>

SAMHSA Publications Ordering (all SAMHSA Store products are available at no charge):
<https://store.samhsa.gov>;
1-877- SAMHSA-7 (1-877-726-4727)

SAMHSA's Opioid Prevention Toolkit –
<https://store.samhsa.gov/product/Opioid-Overdose-Prevention-Toolkit/SMA18-4742>

National Association of State Alcohol and Drug Abuse Directors (NASADAD)

Provides information on the roles of State Alcohol and Drug Abuse Directors, information by state, treatment and recovery resources, fact sheets and other federal resources.

<https://nasadad.org/federal-resources/>

Opioids Fact Sheet (2/5/16): <http://nasadad.org/2016/02/opioidsfact-sheet-2016/>

Addiction Guide

Source of information on addiction and the dangers of illicit substances, including, for example:

- ♣ How it effects the body
- ♣ How to identify signs and symptoms
- ♣ Where to seek effective treatment

<https://www.addictionguide.com/resources/>

My Mental Health Crisis Plan

Resource that allows individuals who have serious mental illness (SMI) to create a plan to guide their treatment during a mental health crisis. The app was developed through SMI Adviser, a project funded by SAMHSA and administered by the American Psychiatric Association.

- ♣ **My Mental Health Crisis Plan** is available in the [Apple App Store](https://apps.apple.com/us/app/my-mental-health-crisis-plan/id1497373282) - <https://apps.apple.com/us/app/my-mental-health-crisis-plan/id1497373282> and [Google Play](https://play.google.com/store/apps/details?id=org.smiadviser.apa&hl=en_US) - https://play.google.com/store/apps/details?id=org.smiadviser.apa&hl=en_US
- ♣ View videos on [What is a PAD?](#) and [How to Use the App](#)

Centers for Disease Control and Prevention

- ♣ Understanding the Epidemic: <https://www.cdc.gov/drugoverdose/epidemic>
- ♣ Poisoning: <https://www.cdc.gov/homeandrecreationalafety/poisoning>
- ♣ Association of State and Territorial Health Officials
- ♣ Preventing Opioid Misuse in the States and Territories: <http://my.astho.org/opioids/home>

Prevent & Protect

Tools for conducting overdose prevention and naloxone advocacy, outreach, and communication campaigns:

<http://prevent-protect.org/communityresources-1/>

National Institute on Drug Abuse (NIDA)

This is the lead federal agency supporting scientific research on drug use and its consequences.

<https://www.drugabuse.gov/>

National Suicide Prevention

♣ **National Hotline: 1-800-273-8255** - <https://suicidepreventionlifeline.org/>

- The U.S. Congress has approved the adoption of 988, the new three-digit number for the National Suicide Prevention Lifeline to be completed by July 2022. In the meantime, please continue to share 1-800-273-TALK (8255).
- '988' is NOT CURRENTLY ACTIVE nationally.

National Alliance on Mental Illness (NAMI)

The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness, some of whom have dual diagnosis of mental illness and addictions.

National: <https://www.nami.org>

State: <https://www.nami.org/Find-Your-Local-NAMI/Affiliate?state=NJ>

Addiction Center

Search for Catholic Drug and Alcohol Treatment options at:
<https://www.addictioncenter.com/treatment/faith-based-drug-and-alcohol-rehab/catholic/>

B. STATE/STATEWIDE SITES

Department of Human Services, Division of Mental Health and Addiction Services (DMHAS)

Human Services, DMHAS – home page

<https://www.state.nj.us/humanservices/dmhas/home/>

NJ State Treatment Directory - <https://njsams.rutgers.edu/TreatmentDirectory/>

NJ State Treatment Hotlines –

<https://www.nj.gov/humanservices/dmhas/home/hotlines/> or

Governor's Council on Alcoholism and Drug Abuse (GCADA) <https://gcada.nj.gov/home/>

National Alliance on Mental Illness (NAMI) – Dual diagnoses; find state and county affiliates
<https://www.nami.org/Find-Your-Local-NAMI/Affiliate?state=NJ>

SECTION III

Looking Closer to Home

A. Diocesan-Wide Catholic Services

B. COUNTY SERVICES WITHIN DIOCESE

- i. Counties' Drug Administrators within diocese (as of September 2021). For the most up to date listing, go to:

<https://www.state.nj.us/humanservices/dmhas/home/admin/#3>

C. Diocesan Parish Based Services

S&N – Straight and Narrow

Straight and Narrow (S&N) delivers quality comprehensive health care specific to the needs of individuals struggling with substance use and co-occurring disorders. Our experienced and highly qualified professional staff are committed to improving the physical, emotional, spiritual, and cognitive development of the community we serve through the holistic and compassionate delivery of innovative services focused on direct medical care, education, prevention, the promotion of healthy cognitive development and education for children and family participation and support. Our strength lies in our deep roots and commitment to the community and our ability to adapt to changes in health care delivery and the needs of the community.

Organization Description

Founded in 1954 as a treatment program for male alcoholics, Straight & Narrow has evolved into a premier, pace-setting, comprehensive social service, health care, and community development agency.

Our founder Msgr. William Wall established the Mount Carmel Guild, providing detoxification and residential treatment for indigent male alcoholics. Mount Carmel Guild evolved into the Mount Carmel Hospital and Guild House for men. Our current detoxification unit provides service delivered by medical and nursing professionals, which provides 24-hr medically supervised evaluation and treatment to men and women whose withdrawal signs and symptoms are severe enough to require 24-hour medical monitoring. The twenty-six-bed unit offers detoxification from alcohol, benzodiazepine and opiates.

With over sixty years of service to the community, Straight & Narrow is one of the oldest and largest community-based residential treatment facilities for those with substance use disorders in the United States of America. Straight & Narrow is

dedicated to the prevention and treatment of individuals with substance use and mental health disorders, HIV/AIDS, the provision of toddler and pre-school childcare services, and intervention services for families. The organization provides evidenced based in-patient and outpatient services for men, women and women with children, a medically monitored detoxification unit providing inpatient withdrawal management, and medication assistant treatments.

Program Names

- Residential Treatment Programs for women, women, and Children: Alpha I&II (Paterson), Alpha III (Secaucus)
- Residential Treatment for men: Guild and Dismas (Paterson), O'Connor Halfway House for men (Paterson)
- Residential Detoxification: Mt. Carmel Guild Detoxification Program (Paterson)
- Outpatient/Intensive outpatient (Paterson)
- Monsignor Wall Center Opiate Treatment Program (Paramus)
- Intoxicated Driver Resource Center (Passaic)
- Medical Daycare Center (Passaic) – Award received to relocate to Paterson
- Family Success Center (Paterson)
- Straight and Narrow Apartments (Paterson)
- La Vida Too and La Vida III Child Care Center (Paterson)

Straight & Narrow realizes the importance of technology in the modern workplace. Additionally, understands the importance and positive impact technology can have on productivity, communication, efficiency, staff morale and most importantly client care. The agency will continue and plan to provide the latest technology to our employees and build efficient technological systems to ensure service delivery for the person served.

Straight & Narrow is comprised of multiple programs which are located at various locations. The importance of staying connected is vital in communicating information which may affect client care immediately. Straight & Narrow utilizes technology to establish an efficient and accessible method of collecting data. Executive Management shall be responsible for the continued implementation of computer technology, data collection, data storage, security and disaster recovery.

Straight & Narrow has embraced a collaborative, strategic approach to organizational planning, which includes accessibility, corporate compliance, technology, risk management, continuity of operations, and cultural competency. The views and participation of personnel at all levels of the organization will be sought to identify priorities, implementing strategies, revising of systems as necessary to ensure the provision of quality treatment.

Treatment Programs and Service Descriptions:

Men's/Women's: Long term residential programs providing substance use and co-occurring mental health treatment for adult male and female clients including

clients who are on medication assisted treatment, pregnant women and women with young children and inmate and parolee clients in the Drug Court and Mutual Agreement Programs. In addition, a comprehensive Biopsychosocial/spiritual assessment, clients are provided with individual, group and family counseling along with didactic groups, 12-Step and Relapse Prevention education on-site AA/NA meetings and psychiatric assessment and treatment if indicated. GED classes, work readiness and employment assistance. 24- hour medical supervision and HIV counseling and testing are also provided.

Dr. Maria Mora MA, Dmin, LCADC, CCS
Senior Clinical Director of Detox, Halfway House & Men's Residential Treatment Services
Straight and Narrow
508 Straight St.
Paterson NJ 07501
(973) 345- 6000 ext. 6256

Nancy Nakhle, MSW ,LSW
Director of Admissions
Straight and Narrow, Inc.
973-345-6000 ex.6289
Fax: 973-742-6161

Long Term Residential Mothers and Children: This long term residential program provides substance abuse treatment for adult clients including clients who are on medication assisted treatment, pregnant women and women with young children who are currently in the custody of Division of Child Protection and Permanency. In addition to a comprehensive bio-psychosocial/ spiritual assessment, clients are provided with individual, group and family counseling along with didactic groups, 12-Step and Relapse Prevention education on-site AA/NA meetings and psychiatric assessment and treatment if indicated. GED classes, work readiness and employment assistance. 24 hour medical supervision and HIV counseling and testing are also provided.

Louise Alexander, MS, LCADC
Director of Women's Residential Treatment Services
Straight and Narrow, Inc.
Paterson: Phone: 973 345-6000 Ext: 6588

Nancy Nakhle, MSW ,LSW
Director of Admissions
Straight and Narrow, Inc.
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Msgr. Wall Social Services Center: The Center provides Opiate Replacement Treatment utilizing methadone detoxification and maintenance along with individual, group and family counseling, and medical and psychological support services.

Michelle Boyce-Cannariato LAC, LCADC
Program Director of Outpatient and Medically Managed Programs
Straight and Narrow, Inc.
Monsignor Wall Social Service Center
230 E. Ridgewood Ave. Bldg 10
Paramus, NJ 07652
P- 201-967-9020

Nancy Nakhle, MSW ,LSW
Director of Admissions
Straight and Narrow, Inc.
973-345-6000 ex.6289
Fax: 973-742-6161

Outpatient Treatment for Adult Men and Women: Clients are provided with substance use and co-occurring mental health treatment on an outpatient and intensive outpatient level of care. Treatment includes a comprehensive Biopsychosocial/spiritual assessment, individual, group and family counseling along with didactic groups, 12-Step and Relapse Prevention education and HIV counseling and testing. Day and evening appointments are available.

Michelle Boyce-Cannariato LAC, LCADC
Program Director of Outpatient and Medically Managed Programs
Straight and Narrow, Inc.
Monsignor Wall Social Service Center
230 E. Ridgewood Ave. Bldg 10
Paramus, NJ 07652
P- 201-967-9020

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O'Connor Hall Halfway House: Halfway house residential program providing substance use and co-occurring mental health treatment for adult males Drug Court clients including clients who are on medication assisted treatment. In addition a comprehensive Biopsychosocial/spiritual assessment, clients are provided with individual, group and family counseling along with didactic groups, psychiatric

assessment and treatment if indicated. GED classes, work readiness and employment assistance. Funded by the New Jersey Division of Mental Health and Addiction Services (DMHAS).

Dr. Maria Mora MA, Dmin, LCADC, CCS
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508 Straight St.
Paterson NJ 07501
(973) 345- 6000 ext. 6256

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Detoxification Hospital: This is a 26 bed state-licensed residential detoxification unit for adult males and females. In addition to medically supervised detoxification clients, clients receive individual and group family counseling and didactic groups including relapse prevention and groups on alcohol, tobacco and other drugs along with on-site AA/NA groups. Clients with a dual diagnosis and those on medication-assisted treatment are accepted. Psychiatric evaluation is available. Enhanced detoxification services such, as Benzodiazepine detoxification is also available.

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508 Straight St.
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Erika Ferradino, BSN, RN, CARN
Certified Addiction Registered Nurse
Director of Nursing, Straight and Narrow Inc.
Catholic Charities, Diocese of Paterson
396 Straight Street
Paterson, NJ 07501
(973) 345-6000 ext. 6522 [office]

Nancy Nakhle, MSW ,LSW
Director of Admissions
Straight and Narrow, Inc.
973-345-6000 ex.6289

Fax: 973-742-6161

Alpha II: This is a long-term residential program providing substance abuse treatment for adult female clients including those who may be on medication-assisted treatment. In addition to chemical dependency and psychosocial assessment, clients are provided with individual, group and family counseling along with didactic groups, 12-Step and Relapse Prevention education on-site AA/NA meetings and psychiatric assessment and treatment if indicated. GED classes, work readiness and employment assistance. HIV counseling and testing are also provided.

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Fax: 973-742-6161

Child Care Centers:

La Vida Child Care Center Too: This provides early childhood education to children aged birth through four years under the Abbott Program.

Joseph Murray
Catholic Charities, Diocese of Paterson
Director of Early Learning

IDRC (Intoxicated Driver Resource Center): Court-mandated clients receive individual and group counseling along with education regarding alcohol and other drugs, treatment assessment and referrals.

Vito Andrisani, MA, MAOB, CCS, LCADC
IDRC Director
Catholic Charities - Diocese of Paterson - Straight & Narrow, Inc. -
Passaic/Northern Region 48-Hour IDRC
182 First Street
Passaic, NJ 07055
Phone: 973-777-2048

Family Success Center: This is a part of a multi-organization coalition that provides primary and secondary prevention services to the Paterson community. Services include development of "Family Success" plans, economic self-sufficiency/employment related services, information and referrals to various

services (maternal health, medical care, etc.), life skills training (budgeting, nutrition, etc.), parent education, family activities and advocacy.

Berenice Lopez, BA
Director
Family Success Center
Prevention Programs
Office: 973-333-6240, Ext. 12

Adult Medical Day Care/ Ryan White: HIV+ clients are provided services such as primary medical care; dietary and pharmacological services; case management; individual/group substance abuse counseling; transportation to appointments; social service advocacy and two meals a day. Services are available Monday through Friday.

Shevon Bey, CPRS

Building Manager for S&N Apartments
Office (973) 345-6000 ext. 6703

Housing Services:

S&N Apartments: This site provides 23 one-bedroom apartments for low-income persons living with HIV/AIDS with recreational facilities.

S&N Apartments II: Located here are 50 efficiency apartments for homeless persons living with HIV/AIDS with on-site social service advocacy and case management.

Shevon Bey, CPRS
Building Manager for S&N Apartments
Office (973) 345-6000 ext. 6703

SECTION IV

SELF-HELP, PEER SUPPORT, AND CONSUMER SELF-HELP

[New Jersey Self-Help Group Clearinghouse](https://www.njgroups.org/) <https://www.njgroups.org/>

Information to find a support group of all kinds throughout the country and New Jersey. Ability to list/update a group and how to start a group information as well.

[Alcoholics Anonymous\(AA\)](http://www.aa.org/) <http://www.aa.org/>

Web portal to U.S. government information and services on the web.

[Al-Anon Family Groups](https://al-anon.org/) <https://al-anon.org/>

Helps family and friends recover from the effects of someone else's drinking through a 12-step program including regular attendance at group meetings.

[Cocaine Anonymous\(CA\)](https://ca.org/) <https://ca.org/>

Recovery from crystal meth addiction through a 12-step program including regular attendance at group meetings.

[Crystal Meth Anonymous](https://crystalmeth.org/) <https://crystalmeth.org/>

Comprehensive information about disability programs, services, laws and benefits.

[Dual Recovery Anonymous](http://draonline.qwknetllc.com/) <http://draonline.qwknetllc.com/>

Recovery from joint chemical dependence & emotional/psychiatric illness through a 12-step program including regular attendance at group meetings.

[Marijuana Anonymous](https://www.marijuana-anonymous.org/) <https://www.marijuana-anonymous.org/>

Recovery from marijuana addiction through a 12-step program including regular attendance at group meetings.

[Narcotics Anonymous\(NA\)](https://www.recovery.org/) <https://www.recovery.org/>

Recovery from drug addiction through a 12-step program including regular attendance at group meetings.

[Nar-Anon](https://www.nar-anon.org/) <https://www.nar-anon.org/>

Helps family and friends of addicts recover from the effects of living with an addicted relative or friend.

[SMART Recovery®](https://www.smartrecovery.org/) <https://www.smartrecovery.org/>

4-Point Program® helps people recover from all types of addictive behaviors by teaching how to change self-defeating thinking, emotions, & actions.

SECTION V

ARTICLES, BOOKS AND MORE*

USCCB:

- *New Slavery New Freedom, A Pastoral Message on Substance Abuse* (1990)_(PDF) <http://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/upload/New-Slavery-New-Freedom-A-Pastoral-Message-on-Substance-Abuse.pdf>
- Other items: <http://www.usccb.org/news/2018/18-153.cfm>
- *Substance Abuse and Women*
<http://www.usccb.org/issues-and-action/marriage-and-family/children/substance-abuse-and-women.cfm>
- *Letter Endorsing Youth Drug and Mental Health Services*
<http://www.usccb.org/issues-and-action/human-life-and-dignity/health-care/letter-to-senator-jeffords-from-cardinal-mahoney-endorsing-youth-drug-and-mental-health-services-act.cfm>
- *Create in Me a Clean Heart: A Pastoral Response to Pornography* (PDF) at <http://www.usccb.org/issues-and-action/human-life-and-dignity/pornography/index.cfm>
(this link includes other writings on this topic as well)
- *Communities of Hope: Parishes and Substance Abuse. A Practical Guide*
Washington DC: U.S. Catholic Conference, Publication No. 473-2, 1992.

OTHER ORGANIZATIONS/GOVERNMENT OFFICES:

- *A Practical toolkit for faith and community leaders in the face of the opioid epidemic* (PDF) <https://www.chhsm.org/wp-content/uploads/2017/10/Hope-Healing-A-practical-toolkit-for-faith-and-community-leaders-in-the-face-of-the-opioid-epidemic.pdf>
- *The Opioid Epidemic Practical Toolkit*
Download the complete [The Opioid Crisis Practical Toolkit: Helping Faith-based and Community Leaders Bring Hope and Healing](https://www.hhs.gov/sites/default/files/opioid-epidemic-practical-toolkit-35001-dhhs.pdf) - PDF (4th Edition) at <https://www.hhs.gov/sites/default/files/opioid-epidemic-practical-toolkit-35001-dhhs.pdf>.

*Please note these resources are understood to be available as of the distribution of the CC~ARM booklet in May 2021 and may or may not be available as time goes on.

- *Core Competencies for Clergy and Other Pastoral Ministers in Addressing Alcohol and Drug Dependence and the Impact on Family Members, Substance Abuse and the Family: Defining the Role of the Faith Community* (PDF)
Download a copy at <https://www.samhsa.gov/sites/default/files/competency.pdf>

BOOKS:

The Twelve Steps Meet the Gospel: Reflections on Scripture and Stories of Hope for those in Recovery

By Dick Rice and Trish Vanni
Twenty-Third Publications

<https://www.amazon.com/Twelve-Steps-Meet-Gospel-Reflections/dp/1627852611>

The Twelve Steps and the Sacraments: A Catholic Journey Through Recovery

By Scott Weeman
Founder of Catholic in Recovery
Ave Maria Press

<https://catholicinrecovery.com/>

The Gift of Recovery: 52 Mindful Ways to Live Joyfully Beyond Addiction

By Rebecca E. Williams and Julie S. Kraft
New Harbinger Publications

www.newharbinger.com

The Mindfulness Workbook for Addiction: A Guide to Coping with the Grief, Stress and Anger that Trigger Addictive Behaviors

By Rebecca E. Williams and Julie S. Kraft
New Harbinger Publications

www.newharbinger.com

The Life Recovery Bible

The Life Recovery Workbook

The Life Recovery Journal

Tyndale Publishers

<https://www.tyndale.com/p/the-life-recovery-bible-nlt/9781414309613>

Unchained: Our Family's Addiction Mess is Our Message

By Nancy McCann Vericker and JP Vericker (A true Story of a Mother and Son)
Clear Faith Publishing

www.ClearFaithPublishing.com

Breathing Under Water – Spirituality and the Twelve Steps

By Richard Rohr
Franciscan Media, Cincinnati, Ohio

www.FranciscanMedia.org

SECTION IV TRAINING AND EDUCATIONAL OPPORTUNITIES

Catholic Organizations (SERVING STATEWIDE AND BEYOND):

The iTHIRST Initiative

146 Danforth Avenue
Paterson, NJ 07501

973-370-DRUG (3784)
www.IThirstInitiative.org

Keaton Douglas, Executive Director
keaton@ithirstinitiative.org

Empowering the Church to be a resource
for those suffering from addictions and
their families.

Provides:

Spiritual Companionship Training
Retreat Programs
Recovery Bible Study
Spirituality of the Big Book Study
Recovery Mass and Intercessory
Prayer Session
Sober Community Living
Alumni Ambassadors
Family and Friends Support Group
Special Events

ADDITIONALLY, now there is

iTHIRST Spiritual Companionship Certification Training

This certificate training is offered under the auspices of Seton Hall University and the Archdiocese of Newark.

This training is provided virtually, so anyone can enroll.

For more information and to register for training go to:

<https://www.shu.edu/academics/ithirst-spiritual-companionship-training.cfm>

[iThirst Spiritual Companionship Training - Seton Hall University](https://www.shu.edu/academics/ithirst-spiritual-companionship-training.cfm)

The iTHIRST online training offered by Seton Hall seeks to provide this spiritual remedy to those suffering from addiction through the development and implementation of programs designed to educate and prevent, to provide support to treatment facilities and those incarcerated, and to develop an aftercare community for the afflicted and their families.

www.shu.edu

Christian Organizations (SERVING STATEWIDE AND BEYOND):

WE Thirst Ministries

492 Richlandtown Pike
Post Office Box 564
Richlandtown, Pennsylvania 18955

610-559-4534

[https://www.wethirstseries.com/
info@wethirstseries.com](https://www.wethirstseries.com/info@wethirstseries.com)

Founder and Facilitator:
Nina Marie Corona

We Thirst Series: Christian Reflections on Addiction ~ A popular educational and inspirational 5-part course that educates about addiction from a Christian perspective.

With a mission to inspire individuals and communities to renew and share their faith, hope, and love accomplished through educational and inspirational courses, presentations, [writings](#), [retreats](#), [missions](#), and [videos](#) designed to move both hearts and minds and to reawaken the Spirit within.

Non-Denominational/Non-Governmental

**Center for Addiction and Recovery
Training (CART)**

75 Charter Oak Ave.
Building 1- Suite 305
Hartford, CT 06106

866-205-9770
[https://addictionrecoverytraining.o
rg/](https://addictionrecoverytraining.org/)

Providing a centralized location for those interested in recovery coaching and recovery support services with training resources and performance enhancement supports.

Government

The NJ Self-Help Group Clearinghouse

<https://www.njgroups.org>

The mission of the Clearinghouse is to help people find and form all types of self-help support groups in order to provide hope, strength and experience to those in need in order to not feel alone. A service of the Mental Health Association of New Jersey, funded by the New Jersey Department of Human Services, Division of Mental Health and Addiction Services. Provides:

IDEAS AND SUGGESTIONS ON DEVELOPING GROUPS – Help with ideas and suggestions over the phone and through email or “snail mail.” A vast library of how-tos on starting and running groups in general, as well as specific types of groups.

TRAINING – Offer periodic workshops throughout the state on topics of interest to those starting, running and maintaining support groups.

PRESENTATIONS ABOUT SUPPORT GROUPS –Free presentations on the availability and benefits of self-help support groups and how they can assist congregants, families and friends.

WEBSITE – Information of interest to group leaders, professionals who make referrals to groups, to those interested in starting new groups, and the general community. We also have contact information on support groups in New Jersey on our website.

CONCLUSION²

Whatever your parish develops from the ideas presented in the booklet, *How Parishes can be a Part of Their Communities' Journey of Recovery*, and whatever ways you use this resource guide, we hope you will commit to making them a permanent part of your parish life. May the Holy Spirit be with you in this ministry and inspire you as you accompany our brothers and sisters on their addiction and recovery journeys.

Remember: addressing the scourge of addiction and supporting recovery is *not* a sprint, but a very long marathon.

As a final note, all available Diocesan Editions of the *Resource Guide*, as well as the booklet, *How Parishes can be a Part of Their Communities' Journey of Recovery*, can be found on the Addiction and Substance Abuse page of the New Jersey Catholic Conference (NJCC) website at:

<https://www.njcatholic.org/substance-abuse>.

GOD BLESS...!

² ***Please take special note:*** This resource guide has information in various Federal, State and County agencies, as well as links to private organizations and/or ministries – both Catholic and non-Catholic. The inclusion of any agency or organization's name **and** information *does not constitute endorsement or recommendation* of the resources or the information, products, or services provided by the resource on the part of by the New Jersey Catholic Committee on Addiction and Recovery Ministries (NJ CC~ARM) or the Arch/Diocese of Paterson. The NJ CC~ARM and Diocese do not have full knowledge of or experience with the services provided by each and every resource listed here. The NJ CC~ARM and Diocese also do not exercise any control over the content on any resource websites or services they provide.

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